

OVERALL RESULTS

2013 Palouse Triathlon

Moscow, ID 09/7/2013 7:00 am Sunny, 65-75 degrees.

Directed by: Steve McGheehan

Place	No.	C	NAME	City, State	Age	S	Rank	SWIM	Rank	BIKE+Ts	Rate	Rank	RUN	Pace	Rank	TIME
1.	208		SHANNON HORN		39	M	3	5:46	1	25:51	21.6	6	21:08	6:49	1	52:45
2.	162		ROB SAWYER		38	M	22	7:16	3	27:30	20.3	3	20:40	6:39	2	55:26
3.	142		JOSHUA PAULSEN		34	M	17	7:00	2	26:50	20.8	8	21:38	6:58	3	55:27
4.	160		ERIC SAWYER		36	M	14	6:45	7	28:25	19.6	4	20:42	6:40	4	55:52
5.	118		MICHAEL MCGEEHAN		23	M	1	5:13	10	28:44	19.4	13	22:24	7:13	5	56:21
6.	92		WADE HOILAND		57	M	28	7:30	6	28:02	19.9	5	21:00	6:46	6	56:32
7.	49		SCOTT CAMPBELL		38	M	5	6:15	9	28:43	19.4	14	22:39	7:18	7	57:37
8.	171		ADAM STARKEY		28	M	73	9:18	5	28:00	19.9	2	20:29	6:36	8	57:47
9.	55		DOUGLAS COBOS		39	M	51	8:46	12	29:15	19.1	1	20:17	6:32	9	58:18
10.	193		DAVID WILDER		42	M	6	6:16	17	30:06	18.5	12	22:18	7:11	10	58:40
11.	78		WILLIAM GREENE		45	M	21	7:15	4	27:30	20.3	40	25:34	8:14	11	1:00:19
12.	168		NATHAN SPAIN		40	M	30	7:34	8	28:38	19.5	23	24:23	7:51	12	1:00:35
13.	36		JASON BJUR		21	M	52	8:49	15	29:54	18.7	10	21:58	7:05	13	1:00:41
14.	165		W. MATTHEW SILVERS		34	M	63	8:57	14	29:53	18.7	11	22:18	7:11	14	1:01:08
15.	197		ISAAC WILSON		22	M	12	6:36	31	32:40	17.1	15	22:49	7:21	15	1:02:05
16.	63		JARED DIXON		16	M	86	10:09	11	29:05	19.2	19	23:29	7:34	16	1:02:42
17.	124		WADE MORRIS		37	M	47	8:36	16	30:02	18.6	22	24:21	7:51	17	1:02:59
18.	136		JON OATLEY		37	M	35	8:15	41	33:30	16.7	7	21:23	6:53	18	1:03:07
19.	60		ASAPH COUSINS		41	M	7	6:17	30	32:35	17.1	35	25:10	8:06	19	1:04:01
20.	84		LANCE HAMMA		30	M	2	5:41	29	32:28	17.2	44	26:03	8:23	20	1:04:12
21.	41		JAMES BREAUX		28	M	34	7:59	13	29:23	19.0	60	27:10	8:45	21	1:04:32
22.	80		JACOB GRINESTAFF		21	M	16	6:58	34	32:45	17.0	34	25:10	8:06	22	1:04:53
23.	188		NICOLE WERNER		41	F	45	8:34	23	31:25	17.8	31	24:59	8:03	23	1:04:58
24.	59		BARBARA COSENS		57	F	55	8:51	18	30:07	18.5	45	26:03	8:24	24	1:05:01
25.	169		ELAINE STANTON		25	F	90	10:22	22	31:17	17.8	18	23:27	7:33	25	1:05:06
26.	159		ALLIE RUST		26	F	29	7:31	27	32:18	17.3	43	25:47	8:18	26	1:05:36
27.	190		JUSTIN WHITE		34	M	42	8:29	21	30:52	18.1	54	26:33	8:33	27	1:05:54
28.	107		BRIAN LAMB		62	M	41	8:28	19	30:25	18.3	61	27:10	8:45	28	1:06:03
29.	151		STEVE RAAB		40	M	43	8:30	28	32:19	17.3	39	25:25	8:11	29	1:06:13
30.	67		SEAN ELLIOTT		23	M	10	6:20	50	34:19	16.3	42	25:42	8:17	30	1:06:21
31.	86		AILEEN HELSEL		25	F	67	9:06	49	34:18	16.3	16	23:00	7:24	31	1:06:23
32.	75		ROBERT GOODRICH		48	M	124	11:58	33	32:43	17.1	9	21:45	7:01	32	1:06:26
33.	196		EMILY WILSON		23	F	39	8:24	39	33:09	16.8	33	25:03	8:04	33	1:06:36
34.	51		THERESA CARTER		49	F	32	7:53	20	30:48	18.1	74	28:08	9:04	34	1:06:49
35.	158		MICHAEL ROURKE		45	M	23	7:19	36	32:56	16.9	58	26:41	8:36	35	1:06:56
36.	106		AARON LAMB		39	M	36	8:17	25	31:57	17.5	62	27:14	8:46	36	1:07:28
37.	31		MICHELLE BAKER		29	F	19	7:13	59	35:37	15.7	30	24:58	8:03	37	1:07:47
38.	54		ANDREA COBOS		36	F	62	8:57	44	33:53	16.5	36	25:11	8:07	38	1:08:01
39.	69		MARIE ERIKSSON		43	F	9	6:20	72	36:29	15.3	49	26:14	8:27	39	1:09:02
40.	145		JULIA PIASKOWSKI		34	F	57	8:53	58	35:36	15.7	29	24:41	7:57	40	1:09:10
41.	206		SAMANTHA SUTHERLAND		22	F	109	11:21	32	32:41	17.1	38	25:21	8:10	41	1:09:23
42.	105		JARED KROGH		34	M	33	7:58	54	35:14	15.8	50	26:17	8:28	42	1:09:28
43.	195		THOMAS WILLIAMS		51	M	84	10:07	37	32:57	16.9	55	26:34	8:33	43	1:09:38
44.	53		CHRIS CHAPMAN		44	M	71	9:13	24	31:50	17.5	79	28:38	9:13	44	1:09:41
45.	126		KATHERINE MORRISON		29	F	75	9:28	61	35:52	15.6	24	24:23	7:51	45	1:09:43

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Place	No.	C	NAME	City, State	Age	S	Rank	SWIM	Rank	BIKE+Ts	Rate	Rank	RUN	Pace	Rank	TIME
46.	66		JOANNA ELDER		29	F	126	12:02	46	34:01	16.4	20	23:43	7:38	46	1:09:45
47.	73		ANTHONY GANDIN		32	M	25	7:27	62	35:54	15.5	56	26:36	8:34	47	1:09:56
48.	186		JANE WALDEN		19	F	82	10:06	35	32:50	17.0	68	27:41	8:55	48	1:10:37
49.	90		TINA HILDING		49	F	61	8:56	57	35:31	15.7	47	26:10	8:26	49	1:10:37
50.	58		MARIA CORCORAN		55	F	56	8:53	42	33:36	16.6	75	28:10	9:04	50	1:10:39
51.	117		STACI MCCOY		47	F	27	7:29	63	35:55	15.5	63	27:19	8:48	51	1:10:43
52.	199		AMIE WOLBRECHT		39	F	58	8:55	79	37:28	14.9	27	24:36	7:55	52	1:10:58
53.	70		AARON FEALY		39	M	38	8:22	67	36:04	15.5	59	26:41	8:36	53	1:11:06
54.	103		SANDI KLINGLER		45	F						96	30:22	9:47	54	1:11:26
55.	191		KEITH WIESER		36	M	53	8:50	55	35:21	15.8	64	27:19	8:48	55	1:11:29
56.	183		FRANCIE TYLER		33	F	120	11:52	60	35:39	15.7	21	24:09	7:47	56	1:11:39
57.	96		MASAKI IKEDA		27	M	31	7:40	68	36:08	15.4	70	27:53	8:59	57	1:11:41
58.	148		SHELLEY PRESSLEY		44	F	15	6:53	66	36:03	15.5	81	28:45	9:16	58	1:11:41
59.	155		MARK ROBINSON		49	M	139	13:02	26	32:03	17.4	57	26:38	8:35	59	1:11:43
60.	178		ANTHONY THURBER		24	M	54	8:50	45	34:00	16.4	83	29:01	9:21	60	1:11:51
61.	68		MARY ENGELS		35	F	13	6:39	82	37:34	14.9	69	27:49	8:58	61	1:12:02
62.	131		DANIEL MULLIN		48	M	74	9:26	77	37:23	14.9	37	25:20	8:10	62	1:12:08
63.	153		MEGAN REESE		22	F	4	5:50	52	34:54	16.0	108	31:33	10:10	63	1:12:17
64.	205		LYNN DEVER		56	F	98	10:59	64	36:01	15.5	41	25:36	8:15	64	1:12:36
65.	89		KYLE HILDENBRAND		40	M	116	11:44	71	36:22	15.3	25	24:33	7:54	65	1:12:38
66.	170		MARCI STAPLETON		51	F	112	11:25	53	35:02	15.9	52	26:23	8:30	66	1:12:50
67.	164		LEAH SCHULTZ		24	F	40	8:26	65	36:01	15.5	80	28:39	9:14	67	1:13:06
68.	62		JOHN CREPEAU		52	M	65	9:01	47	34:11	16.3	90	29:56	9:38	68	1:13:08
69.	133		BRETT MYERS		43	M	127	12:05							69	1:13:09
70.	123		JUSTIN MINDEN		37	M	130	12:13	89	38:08	14.6	17	23:07	7:27	70	1:13:27
71.	83		ANDREW HALL		33	M	92	10:39	48	34:15	16.3	77	28:34	9:12	71	1:13:27
72.	110		TORREY LAWRENCE		39	M	8	6:19	84	37:43	14.8	86	29:31	9:30	72	1:13:33
73.	198		MEGAN WILSON		46	F	70	9:13							73	1:13:33
74.	35		DEBORAH BELL		60	F	24	7:24	69	36:11	15.4	91	30:04	9:41	74	1:13:39
75.	34		LAUREN BALIAN		19	F	49	8:44	78	37:23	14.9	67	27:37	8:54	75	1:13:44
76.	149		KASSIDY PROBERT		30	M	103	11:09	86	37:53	14.7	32	25:01	8:03	76	1:14:02
77.	200		ROBIN WOODS		48	F	44	8:31	43	33:43	16.5	110	31:54	10:17	77	1:14:08
78.	91		RENEE HILL		35	F	50	8:46	102	40:08	13.9	46	26:10	8:26	78	1:15:04
79.	85		CATHERINE HARNER		30	F	77	9:34	100	40:00	14.0	51	26:18	8:28	79	1:15:51
80.	95		JESSIE HUNTER		34	F	46	8:35	109	41:09	13.6	48	26:13	8:27	80	1:15:56
81.	147		JEFF PILCHER		42	M	76	9:33	56	35:30	15.7	105	30:58	9:58	81	1:16:00
82.	194		CAROLE WILLIAMS		55	F	68	9:08	73	36:38	15.2	101	30:36	9:51	82	1:16:22
83.	143		LISA PEARSON		32	F	60	8:55	83	37:38	14.8	94	30:13	9:44	83	1:16:46
84.	129		BRYAN MULLIKIN		51	M	140	13:24	87	37:56	14.7	53	26:24	8:30	84	1:17:44
85.	87		SHEILA HEYNS		41	F	138	12:38	75	36:42	15.2	85	29:10	9:24	85	1:18:29
86.	94		DEBRA HULBERT		59	F	72	9:17	74	36:41	15.2	113	33:06	10:40	86	1:19:04
87.	187		CHRIS WARD		45	M	114	11:41	51	34:50	16.0	111	32:52	10:35	87	1:19:23
88.	45		PAIGE BUEHLER		45	F	11	6:25	88	38:06	14.7	127	35:03	11:17	88	1:19:33
89.	100		WENDY JOHNS		33	F	64	8:58	104	40:15	13.9	97	30:29	9:49	89	1:19:41
90.	33		KENDRA BALIAN		18	F	110	11:24	95	39:17	14.2	84	29:06	9:22	90	1:19:47

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Place	No.	C	NAME	City, State	Age	S	Rank	SWIM	Rank	BIKE+Ts	Rate	Rank	RUN	Pace	Rank	TIME
91.	192		PAIGE WIESER		36	F	91	10:31	93	39:09	14.3	92	30:09	9:42	91	1:19:48
92.	210		ANNA MONTGOMERY		26	F	101	11:06	110	41:39	13.4	65	27:29	8:51	92	1:20:13
93.	189		PAUL WESTON		57	M	134	12:23	81	37:30	14.9	95	30:20	9:46	93	1:20:13
94.	201		CHAO ZHANG		25	F	142	13:57	70	36:11	15.4	93	30:10	9:43	94	1:20:18
95.	128		TARA MOSES		33	F	93	10:43	101	40:01	13.9	87	29:40	9:33	95	1:20:23
96.	132		TRAVIS MURRAY		40	M	123	11:58	108	40:36	13.7	78	28:36	9:13	96	1:21:09
97.	46		VIKTRA BUMGARNER		54	F	78	9:45	76	37:00	15.1	123	34:25	11:05	97	1:21:10
98.	50		DENISE CARL		35	F	133	12:21	85	37:47	14.8	106	31:06	10:01	98	1:21:14
99.	144		SARA PEPPER		51	F	66	9:02	94	39:17	14.2	112	32:58	10:37	99	1:21:16
100.	185		JOHN VISGER		40	M	88	10:18	106	40:24	13.8	102	30:36	9:51	100	1:21:17
101.	72		AMY GAITHER		28	F	141	13:28	98	39:51	14.0	72	28:02	9:02	101	1:21:21
102.	182		KAREN TREBITZ		47	F	37	8:20	111	41:46	13.4	109	31:37	10:11	102	1:21:43
103.	43		ALEXANDRA BROUGHTON		31	F	48	8:38	119	42:40	13.1	103	30:40	9:53	103	1:21:57
104.	119		LESA MCPEAK		40	F	26	7:27	103	40:13	13.9	124	34:34	11:08	104	1:22:14
105.	167		HEATHER SMITH		36	F	105	11:17	123	43:04	13.0	73	28:04	9:02	105	1:22:24
106.	76		JARED GREEN		33	M	144	14:42	105	40:18	13.9	66	27:31	8:52	106	1:22:30
107.	116		VANESSA MATOSSIAN		37	F	136	12:27	135	45:46	12.2	28	24:40	7:57	107	1:22:52
108.	180		RACHEL TODD		26	F	102	11:08	97	39:33	14.1	118	33:31	10:48	108	1:24:12
109.	82		KATE GROSS		44	F	143	14:26	96	39:24	14.2	99	30:33	9:50	109	1:24:22
110.	52		FRIEDA CHAN		34	F	147	15:47	90	38:25	14.5	107	31:12	10:03	110	1:25:23
111.	134		DARCELL MYERS		44	F	131	12:14	130	45:01	12.4	76	28:22	9:08	111	1:25:37
112.	127		KERRY MORSEK		32	F	87	10:09	117	42:23	13.2	115	33:14	10:42	112	1:25:45
113.	29		BRENDA ARMSTRONG		59	F	151	17:05	107	40:33	13.8	82	29:01	9:21	113	1:26:38
114.	30		SID ARMSTRONG		60	M	153	17:54	92	39:04	14.3	88	29:46	9:35	114	1:26:43
115.	47		AMY BUMPUS		46	F	20	7:14	112	41:53	13.3	137	38:13	12:18	115	1:27:20
116.	40		ANNALEE BOWLEY		26	F	135	12:25	129	44:18	12.6	104	30:55	9:57	116	1:27:37
117.	27		HEIDI ANDERS		20	F	69	9:09	132	45:16	12.3	116	33:15	10:43	117	1:27:39
118.	28		ANGELA ANDERSON		29	F	125	12:00	133	45:20	12.3	98	30:33	9:50	118	1:27:52
119.	38		JULIE BOWLLEN		37	F	59	8:55	114	41:54	13.3	138	38:34	12:25	119	1:29:22
120.	98		HOLLY JASINSKI		31	F	107	11:20	121	42:42	13.1	128	35:29	11:26	120	1:29:30
121.	88		KASEE HILDENBRAND		37	F	80	10:03	125	43:29	12.8	133	36:49	11:51	121	1:30:20
122.	146		KATY PIETZ		34	F	83	10:07	141	46:41	12.0	119	33:35	10:49	122	1:30:22
123.	122		MEREDITH METSKER		22	F	94	10:44	140	46:38	12.0	114	33:10	10:41	123	1:30:31
124.	207		JULIA KRAUSER		29	F	95	10:45	150	49:56	11.2	89	29:51	9:37	124	1:30:32
125.	166		GUY SMITH		47	M	150	16:41	126	43:43	12.8	100	30:34	9:51	125	1:30:57
126.	57		KELLY COLLETT		41	F	97	10:56	124	43:06	13.0	134	37:18	12:01	126	1:31:19
127.	152		KACI RALSTIN		28	F	100	11:04	122	43:02	13.0	135	37:29	12:04	127	1:31:34
128.	120		KATHY MERCADO		54	F	148	15:54	99	39:56	14.0	132	36:18	11:41	128	1:32:07
129.	77		JESSICA GREENE		20	F	85	10:08	115	42:10	13.2	142	40:38	13:05	129	1:32:55
130.	141		NATHAN PALMER		31	M	122	11:56	143	47:27	11.8	120	33:41	10:51	130	1:33:03
131.	65		CHRIS EDER		48	F	132	12:20	131	45:16	12.3	129	35:33	11:27	131	1:33:08
132.	177		ANDREA STUEN		30	F	79	10:00	134	45:44	12.2	136	37:35	12:06	132	1:33:18
133.	163		CHRISTINE SCHULTZ		53	F	119	11:52	113	41:54	13.3	141	40:18	12:58	133	1:34:03
134.	154		TUCKER ROBERTS		21	M	145	15:05	137	46:13	12.1	117	33:22	10:45	134	1:34:40
135.	79		WILLIAM GRIFFIN		62	M	113	11:37	116	42:18	13.2	143	40:47	13:08	135	1:34:41

