

OVERALL DUATHLON RESULTS
 2019 PALOUSE DUATHLON
 MOSCOW, ID 09/07/2019 7:00 am Sunny, 55-65 degrees.
 Directed by:
 Sponsored by:

Place	No.	C Name	City, State	Ag	S	DivP	DivTl	swim	Pace	T1	Bike	Rate	T2	Run	Pace	Time
=====	=====	=====	=====	==	=	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1.	120	DOUG COBOS		45	M	1	2	9:09	5:53	0:37	24:49	22.5	0:35	20:16	6:32	55:24
2.	110	TEAM TRUE GRIT		95	M	1	1	11:11	7:12					20:52	6:43	59:33
3.	124	JEFFREY KENSRUD		35	M	1	1	10:39	6:51	0:51	29:15	19.1	0:46	22:00	7:05	1:03:29
4.	123	BRIANNE KENSRUD		33	F	1	2	11:00	7:05	0:23	32:23	17.2	0:13	24:28	7:53	1:08:25
5.	129	RON STANLEY		48	M	2	2	12:11	7:51	1:02	28:14	19.8	0:50	28:44	9:15	1:10:58
6.	125	DARREN DUKE		34	M	1	1	12:05	7:47	0:34	34:19	16.3	0:36	27:10	8:45	1:14:42
7.	130	AUBREE COBOS		15	F	1	1	11:39	7:30	0:29	38:21	14.6	0:14	25:49	8:19	1:16:30
8.	131	BARRY RAY		55	M	1	2	15:12	9:47	1:22	34:22	16.2	0:29	31:17	10:05	1:22:40
9.	122	TAWNY GONZALEZ		34	F	2	2	14:19	9:13	1:16	35:42	15.6	0:47	31:33	10:10	1:23:35
10.	126	JACK TAYLOR		51	M	1	1	13:41	8:49	0:36	38:09	14.6	1:34	30:34	9:51	1:24:32
11.	127	AUDREY VIEUX		42	F	1	1	12:27	8:01	3:27	42:15	13.2	2:10	28:29	9:10	1:28:46
12.	121	ANDREW MARTIN		56	M	2	2	15:03	9:41	3:11	38:15	14.6	2:50	34:32	11:07	1:33:49
13.	128	CYNTHIA STANLEY		48	F	1	1	18:30	11:55	2:08	39:46	14.0	2:22	42:01	13:32	1:44:45
Sep-07-2019 12:16:44pm																

13 records processed.